# Silas Street Physio + Pilates

is proud to offer a full range of services and treatments including

- manipulative and musculoskeletal physiotherapy
- ♦ clinical pilates
- ⋄ sports injuries and rehabilitation
- ♦ acute and spinal pain
- ♦ headaches
- ⋄ real time ultrasound imaging (RTUS)
- dry needling (acupuncture)
- post operative rehabilitation

### Price Schedule & Timetable



## Price Schedule

as from 1st January 2015

#### Physiotherapy services

Senior Physiotherapist (post grad)		
Initial consult	\$ 100.00	40 mins
Follow up treatment	\$ 85.00	30 mins
Physiotherapist		
Initial consult	\$ 90.00	40 mins
Follow up treatment	\$ 75.00	30 mins
Extended Consult	\$ 90.00	40 mins
Pensioner discount ( only applicable on physiotherapy services )	\$ 10.00	
( offing applicable off prigolottic applicable of vices )		

#### Pilates Services (group size maximum 4)

Initial pilates assessment	\$ 90.00	40 mins
1st pilates session	\$ 0.00	70 mins
2nd - 6th sessions	\$ 75.00	70 mins
7th session onwards (discounted)	\$ 48.00	70 mins
Individual Pilates Session	\$ 80.00	40 mins

#### HEALTH REBATES APPLY FOR PARTICIPATING FUNDS

HICAPS & EFTPOS FACILITIES AVAILABLE

Please note we require 24 Hours Notice for all Cancellations.

## **Pilates Class Times**

mon	tues	wed	thurs	frid	sat
mon	lues	Wed	uluis	mu	Sat
7.00 am					
7.40 am					
8.10 am					
8.50 am					
9.20 am					
10.00 am					
10.00	40.00	40.00	40.00	40.00	10.00
10.30 am					
11.10 am	11.10 am	11.10 am		11.10 am	11.10 am
11.40 am					
			11.40 am		
12.50 pm	12.50 pm	12.50 pm		12.50 pm	12.50 pm
2.00 pm	2.50 pm	2.50 pm	2.50 pm	2.50 pm	
3.30 pm	3.30 pm	3.30 pm	3.30 pm	·	
4.00 pm					
4.40 pm	4.40 pm	4.40 pm	4.40 pm		
5.10 pm					
5.50 pm	5.50 pm	5.50 pm	5.50 pm		
6.20 pm	6.20 pm	6.20 pm	6.20 pm		
7.00 pm	7.00 pm	7.00 pm			
7.30 pm		7.30 pm	7.30 pm		